## Title of Meeting Learning Disability Partnership Board

Date Friday 29 September 2023

Time **11am** 

Venue Committee Room 2 Borough Hall Cauldwell Street Bedford MK42 9AP

# Easy read minutes

### 1 Welcome - Apologies were noted.

#### 2 Draft Minutes of last meeting held on 25 May 2023

The Chair went through the minutes of the last meeting and highlighted the following actions:

Terms of Reference – it was discussed at the last meeting to arrange a possible working group to look at the Terms of Reference for the board. Action: The Chair asked for Julieann Peck to update on progress on this in between board meetings please.

Request to discuss supported holidays at the next meeting – the Chair confirmed this would be discussed today.

A service user asked if a link to the radio station he listens to could be provided to the group to introduce new listeners. The Chair was happy for the link to be provided and asked this person to send this through.

Fire Safety item at a future meeting – the Chair would like to invite the Fire Service to a future meeting to discuss this.

The previous minutes were agreed.

#### 3 Supported Holidays

Matt Tylee presented a draft leaflet about supported holidays. This has been coordinated with Gadsby Street and once finalised, the Board will decide whether this should be printed off or send out by email. The leaflet includes some writing about what supported holidays are, and also includes some examples of companies who provide these services.

It was agreed for the draft leaflet to be sent out with the minutes of the meeting and Matt asked for comments/feedback on this. Action: Matt will also send the leaflet to Gadsby for service users to look at and make comments.

#### 4 Supported Living Procurement

Zoe Jones from Commissioning came to the meeting and gave some information on supported living procurement. Zoe said there are a number of different contracts Bedford has for supported living and it would be good for some of these to be updated so that the process is the same across all areas.

Zoe said we know we need to increase the services offered as we have more people who may need support from these services. Zoe is currently speaking with service users at the moment, and is working together with Healthwatch to review the services. A representative also introduced themselves from Voiceability, who is involved with this work. They attended Gadsby Street last week to look at supported living. Voiceability believes their team could also support Matt with the supported holidays project.

Healthwatch have also sent out a questionnaire, via supported living providers to gain more feedback on this. We have now received around 100 responses to the survey and Healthwatch will be looking at the feedback.

Some focus groups have also been arranged, one with Gadsby Street, and other workshops will also be arranged with other people who use supported living services. There will also be an 'experts by experience' group, which will be attended by service users, family supports etc, which will give an opportunity for further feedback to be received on the work being done.

Zoe said a paper will be sent out with the minutes of this meeting to give more information to the board.

The Chair said this project is really useful to get involved with as it's about our future offer for service users. The Chair thanked Zoe for attending.

#### 5 Draft Health and Wellbeing Strategy

Ian Brown came to the meeting to talk about Bedford's Health and Wellbeing Strategy. Bedford Borough have a Health and Wellbeing Board and we are putting together a strategy, which will include our plan on how we are going to coordinate health and wellbeing activities across the council, wider public sector, businesses, voluntary organisations and communities.

A service user commented that Landsdale need a new car. The Chair said he would follow this up with the Manager.

Ian said we have to do the strategy by law to make sure we are doing everything we can to improve health and services in Bedford.

Ian said we are aware that half of what makes us healthy is about where we live, financial support available, as well as friendships and families, which are the building blocks of health.

Some people who live in different areas of Bedford show a significant difference in life expectancy in comparison to other areas of Bedford.

There are ways in which we can look to improve this, as well as other areas to reduce these differences, for example inclusive employment, lifelong education, workplace health, healthy homes and improving early years/schools.

Ian and his team are working out what we can start to do now, and what things we can do in the longer term.

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#### 5 Draft Health and Wellbeing Strategy

At the moment, the team are talking to lots of people to see how we are getting on with the strategy and if everything has been included that is important to them. The draft strategy will then go to the Health and Wellbeing Board in December. Bedford Borough will need to work together with other partners and organisations to make a difference to these building blocks of health. Ian asked if it would be possible for the easy read summary to be sent to Gadsby Street and other service users for their input. This will be circulated with the minutes of the meeting.

The following comments were received:

Matt Tylee said there are definitely some challenges around this and Matt sees this in managing a supported living service.

A further comment was made that this is seen more in the community areas eg facilities or sport centres for learning disability clients.

The Chair highlighted that Bedford are one of the highest areas of diversity/diverse cultures in comparison to surrounding areas. Ian agreed that this is something that should be celebrated.

Ian asked if there are any questions, please contact him at **ian. brown@bedford.gov.uk** 

#### 6 Update on Joint Strategic Needs Assessment

Ian Brown gave Foyeke's apologies for the meeting due to illness. Ian said he would provide a link to the latest JSNA, which would be sent out with the minutes of the meeting.

Ian said that Foyeke will be sending a draft of the updated JSNA to the board before their next meeting.

Ian shared some of the findings following the JSNA work and the data that has been looked at by Foyeke. The aim is to make things better for people with learning disability. Further to feedback received from service users, the following areas were highlighted as areas needing improvement:

There is a need to have more face to face GP appointments available. Also, should be made easier to make appointments/get appointments.

There should be somewhere to go other than A&E for when people have a non-urgent need or for things that do not require A&E. Foyeke will be going back to the NHS to see if they can make a plan to improve on this.

Other themes included making sure patients are more involved in the care they are receiving.

Also more transportation to be available to get to services offered.

No questions were received at this time. The Chair thanked Ian for attending.

#### 7 Any other business

A representative from ELFT raised a new digital app that is being piloted at the moment. The app has been made by a doctor, with the aim to give ownership of individual's health to them to store their health information in one place. The app also enables clients or carers to input health information on it themselves. The representative asked if any service users have any questions or would like to use it, please contact **simone.mingay1@nhs.net** A leaflet will be sent out with the minutes of the meeting with more information.

The Chair also asked board members to think about ideas for the next meeting as it will be close to Christmas. Action: The Chair will also email board members asking them to attend the next meeting.

8 Date of next meeting Friday 15 December 2023 – 11am