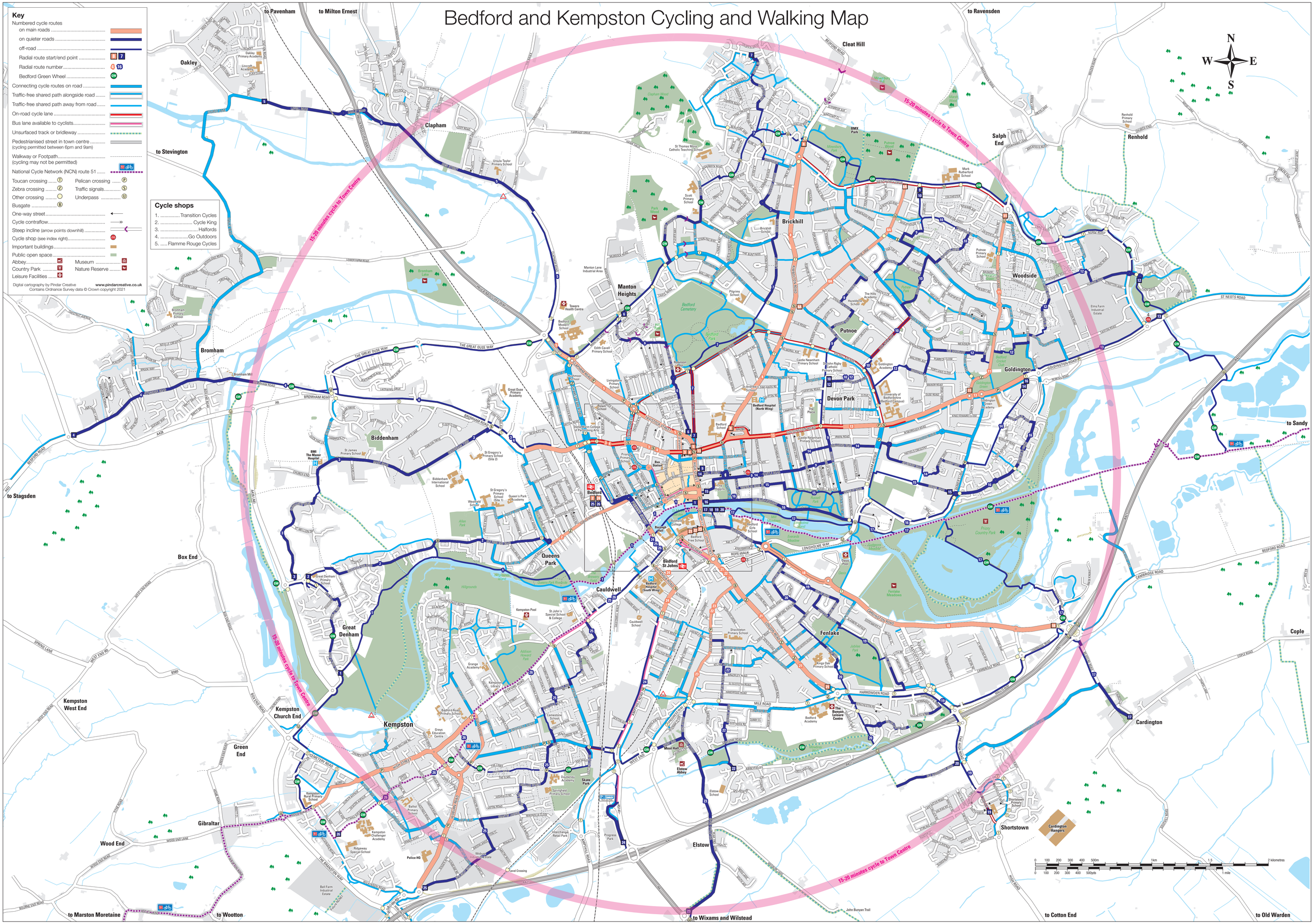Bedford and Kempston Cycling and Walking Map