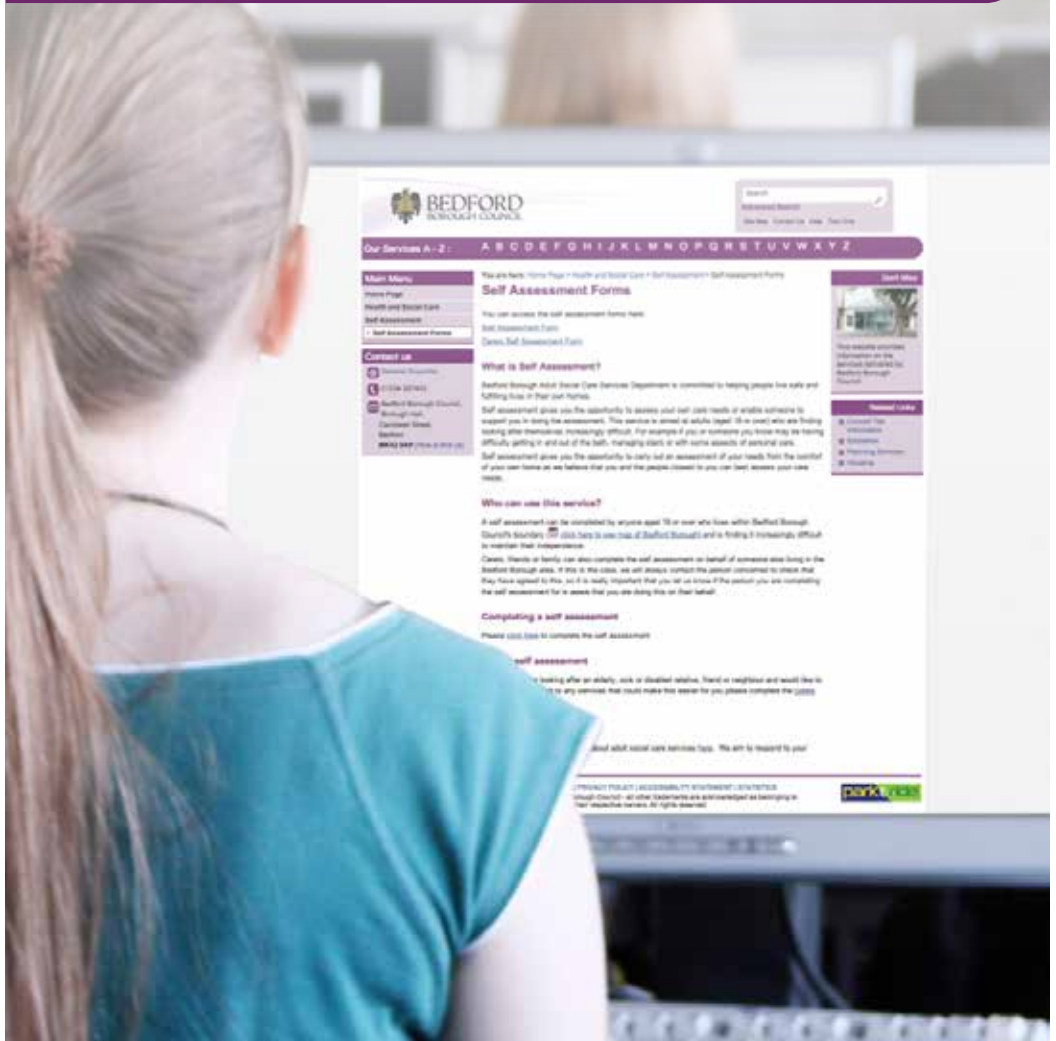




# On-Line Self Assessment



**You can now assess your care needs online to find out if we can help you. Adult Social Care Services are committed to helping people live safe and fulfilling lives in their own homes. We do this by providing support and equipment to those who are eligible. If you, or someone you know might benefit from our support you can use our online self assessment to find out if we can help you.**

## **Giving you the choice**

Self assessment gives you the opportunity to assess your own care needs or enable someone to support you in doing the assessment. This service is aimed at adults (aged 18 or over) who are finding looking after themselves increasingly difficult. For example you or someone you know may be having difficulty getting in and out of the bath, managing stairs or with some aspects of personal care.

Self assessment gives you the opportunity to carry out an assessment of your needs from the comfort of your own home as we believe that you and the people closest to you can best assess your care needs.

## **Who can use this service?**

A self assessment can be completed by anyone aged 18 or over who lives within Bedford Borough Council's boundary and is finding it increasingly difficult to maintain their independence.

Carers, friends or family can also complete the self assessment on behalf of someone else living in the Bedford Borough area. If this is the case, we will always contact the person concerned to check that they have agreed to this, so it is really important that you let us know if the person you are completing the self assessment for is aware that you are doing this on their behalf.

## **Carers Self Assessment**

If you are a carer looking after an elderly, sick or disabled relative, friend or neighbour and would like to see if you are entitled to any services that could make your caring role easier please complete the carers self assessment. When you submit the form it will be forwarded to an adult social care team who will respond within two working days.

## **Where can I find the Self Assessment and Carers Self Assessment forms?**

You can find the forms on the Bedford Borough Council website at:

[www.bedford.gov.uk/health\\_and\\_social\\_care/self\\_assessment/self\\_assessment\\_forms.aspx](http://www.bedford.gov.uk/health_and_social_care/self_assessment/self_assessment_forms.aspx)

## **General Enquiry**

If you wish to make an on-line General Enquiry please complete the Enquiry Form on the same web page as the Self Assessment forms. We aim to respond to your enquiry within 2 working days.

## **What happens when I've completed the form?**

The information will be forwarded to the adult social care team that is appropriate for your needs. Someone from the team will contact you within 2 working days.

## Finding out more

If you would like further copies, a large-print copy or information about us and our services, please telephone or write to us at our address below.

Për Informacion

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Informacija

Za Informacije

Per Informazione

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If you require any further information and/or advice please contact



**01234 267422**



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Cauldwell Street  
Bedford  
MK42 9AP



[care@bedford.gov.uk](mailto:care@bedford.gov.uk)

**Ask for leaflet  
AS187\_13**