

Midwifery

The majority of under 20s in Bedford Borough will be supported by the midwifery team at Bedford Hospital, although there will be some who book in at Luton & Dunstable, Milton Keynes Hospital, Lister or the Rosie Hospital.

At the first booking appointment, the midwife will complete a referral form with the young person and discuss and collect a wide range of information regarding both parents, wider family and support networks. On this form they consent to being contacted by the Early Help Service.

A first booking appointment can be made online as soon as the young person finds out they are pregnant : [Early Self-Referral to Maternity Services at Bedford Hospital - Bedfordshire Hospitals NHS Trust](#)

For queries about self-referrals/scans the team can be contacted on **01234 795935**. To contact the Community Admin Team about a booking appointment call: **07767 441563**.

Late bookers/concealed pregnancies should be referred to Health Visiting and Early Help as soon as possible and will follow the pathway for appropriate support.

Health Visiting Service

Midwifery Services send all pregnant women's details electronically to the 0-19 Health Visiting Team at 24 weeks. Where there is a concern, details are shared earlier via Information Sharing in line with the safeguarding pathway. All young parents known to the 0-19 Service will have an Antenatal Review at 28 weeks of pregnancy and vulnerable families are offered the Universal Partnership Plus Programme (UPP). The programme, based on the Family Partnership Model, proactively uses family strengths and expertise combined with needs-based support to achieve set goals. The complete schedule is from 28 weeks of pregnancy to when the child reaches 4 years.

Contact: 0-19 Service Health Hub (Bedfordshire Children's Community Health Services): by email: [**ccs.bedsandlutonchildrenshealthhub@nhs.net**](mailto:ccs.bedsandlutonchildrenshealthhub@nhs.net) or Tel. **0300 555 0606**.

Early Help

Young parents who require more intensive support due to increased vulnerabilities, will be supported by an Early Help Professional from the Early Help service who will complete an Early Help Assessment (EHA). They will be offered home visits, signposted to local services and provided both emotional and practical support. The Early Help Professional will ensure that the young parent/s are provided with an appropriate package of local support.

For more information email: [**lindsey.salisbury@bedford.gov.uk**](mailto:lindsey.salisbury@bedford.gov.uk)

Early Help Assessments (EHA)

An EHA should be completed at any stage where additional need is identified. The referrer completes the Early Help Assessment either in Word format or online at [**www.bedford.gov.uk/earlyhelpassessment**](http://www.bedford.gov.uk/earlyhelpassessment). It will be considered at this point if the assessment will be for both parents, if both consent.

Safeguarding

If your concern is of an immediate safeguarding nature then please contact IFD (**Integrated Front Door**) on **01234 718700** during office hours (08:45 - 17:20 Monday to Thursday; 08:45 - 16:20 on a Friday). Or by the online portal at [**ehchildandfamilies.bedford.gov.uk**](http://ehchildandfamilies.bedford.gov.uk). Out of office hours please call the Emergency Duty Team (EDT) on **0300 300 8123**

Children's Centre Team

Once the young parents have been referred to Children's Centres, the Family Support Worker will make contact to introduce Children's Centre services and encourage attendance at a Young Parents Group. Universal services will also be shared with them, as well as being offered a package of targeted support to suit their needs. Targeted support could be antenatal PAFT, which includes setting up a safe and quality home learning environment, baby massage, and development centred parenting to encourage early attachment. For more information visit the ECP website [**www.ecpbedford.org**](http://www.ecpbedford.org) or contact [**admin@ecpbedford.org**](mailto:admin@ecpbedford.org)

Contraceptive and Sexual Health Services – Integrated Contraception and Sexual Health Services (iCaSH)

All young women will be supported to access contraception post birth. Following the birth of the baby, Bedford Hospital will notify iCaSH by completing the referral form and sending by secure email (Contact iCaSH for copy of referral form if required). The young person will be contacted by the service within 7 days of the referral.

Referrals to: [**ccs.icashbedfordshirereferrals@nhs.net**](mailto:ccs.icashbedfordshirereferrals@nhs.net). Tel: **0300 300 3030 (Option4)** [**www.icash.nhs.uk**](http://www.icash.nhs.uk)

*For further information on any aspect of the pathway contact: [**amy.white@bedford.gov.uk**](mailto:amy.white@bedford.gov.uk) or [**Seana.perkins@bedford.gov.uk**](mailto:Seana.perkins@bedford.gov.uk)
Public Health, Bedford Borough Council.*

Support Pathway for Parents Under 20

