

1. Arrive at on poolside with belongings in bag at allocated time
2. Sit in order on Diving Block (staff will help with this)
3. Take belongings and put them on the chairs provided
4. Walk round baby pool ready to be told when to start swimming
5. Get in pool and swim after Staff say 3,2,1
(you can swim any stroke you like)
6. Get dry on poolside and put your top and shoes on
7. Walk around pool to the exit then run round park.
(Your belongings will be taken to upstairs meeting room for you to collect after your race)

Years 8, 9, 10 and 11 pool layout

