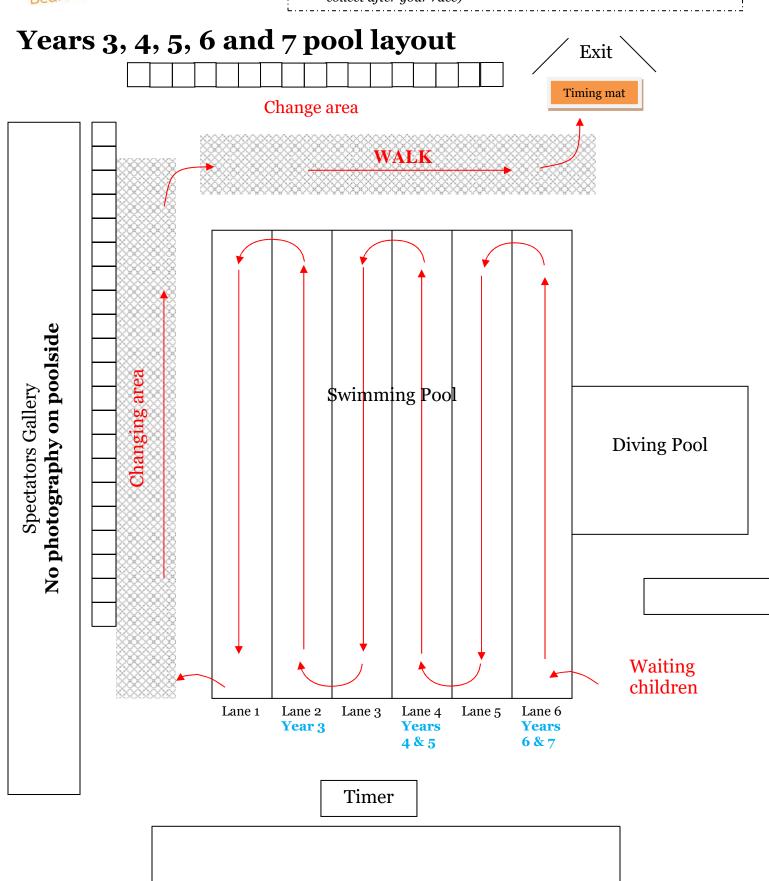


- 1. Arrive at on poolside with belongings in bag at allocated time
- 2. Sit in order on Diving Block (staff will help with this)
- 3. Take belongings and put them on the chairs provided
- 4. Walk round baby pool ready to be told when to start swimming
- 5. Get in pool and swim after Staff say 3,2,1 (you can swim any stroke you like)
- 6. Get dry on poolside and put your top and shoes on
- 7. Walk around pool to the exit then run round park. (Your belongings will be taken to upstairs meeting room for you to collect after your race)



Baby Pool