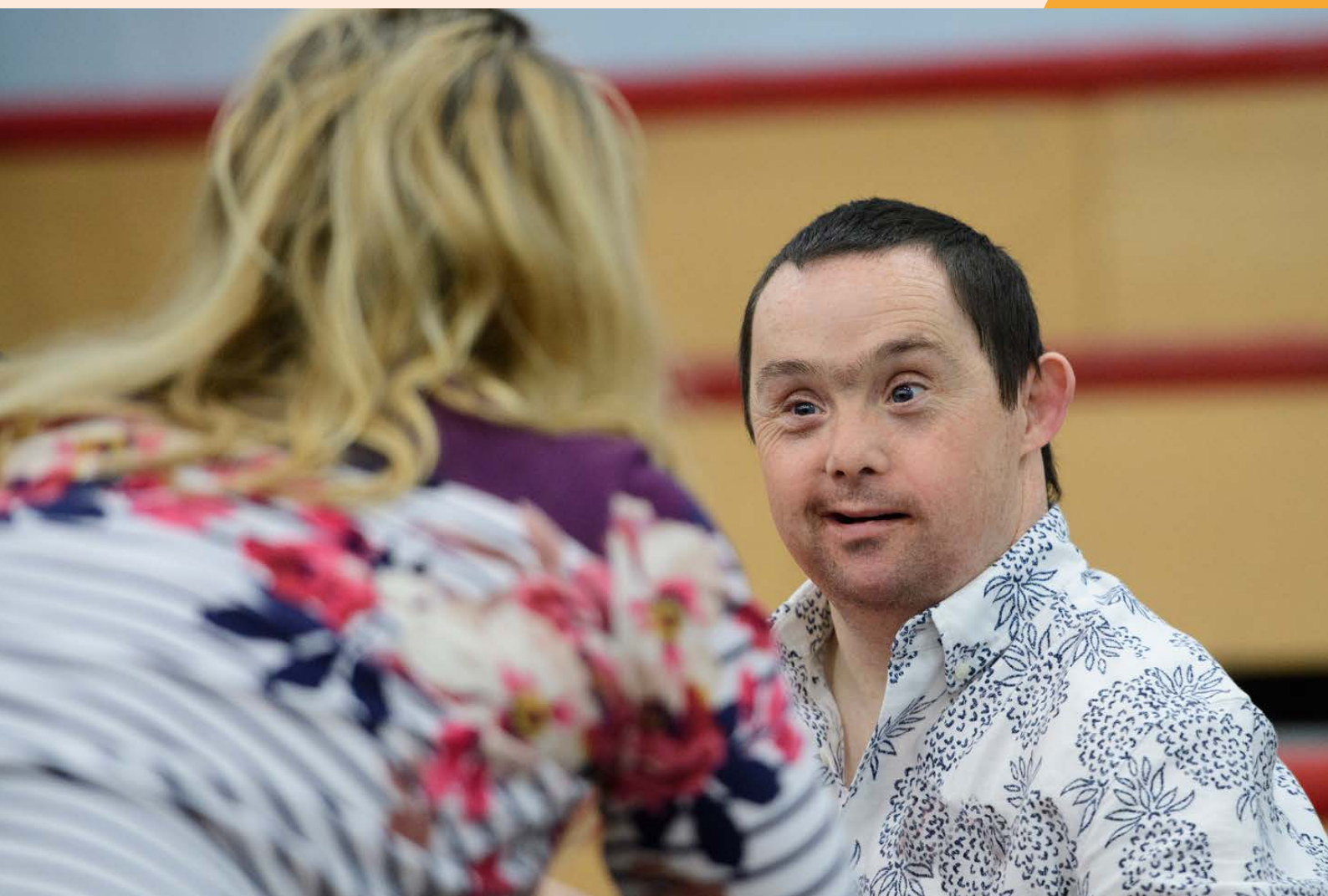


About your Independent Mental Capacity Advocate (IMCA)



About your Independent Mental Capacity Advocate (IMCA)



Your advocate is called an 'Independent Mental Capacity Advocate'.

This is usually shortened to 'IMCA'.



Your advocate can help you get your views heard about:

- where you live



- what care you need



- what treatment you have at hospital



- the best way to keep you safe



Your advocate can help you to:

- understand what meetings are about
- get ready for meetings



- tell people what you want and what you don't want



- get your views heard when something is going to happen that you don't agree with

How to contact your advocate



Your advocate's name:



Your advocate's telephone number:



Your advocate's email:



Notes:
