

# Natural Kitchen



## Drinks

Innocent Smoothie	£2.95
Fentimans	£2.95
Milkshake	£1.95
Fruit Shoot	£1.75
Water	£1.50
Juice Box	£1.25
Juice Burst	£1.85
Bottled Pepsi/Tango	£1.90

## Hot Drinks

Cappuccino	£2.65
Latte	£2.65
Americano	£2.10
Mocha	£2.75
English Breakfast Tea	£1.45
Speciality Teas	£1.85
Hot Chocolate	£2.65
Marshmallow/Syrup	£0.60



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## Breakfast - Served until 11.30am

Full English (five items)	£4.95
Vegetarian Breakfast (five items)	£4.95
Butcher's Sausage, Bacon or Egg Bap	£3.25
Breakfast Bap	£4.25
Additional Breakfast item	£1.00
2 Free Range Scrambled Eggs on Toast	£3.25
Add Smoked Salmon	£5.25

## Toasted Breakfast Sandwiches

Bacon and Egg	£3.65
Butcher's Sausage with Tomato Chutney and Cheese	£3.65
Fresh Fruit Cup	£2.95

## Continental Selection

Thick Bloomer Toast or Bagel	£2.35
All Butter Croissant with Jam	£2.65
Pain Au Chocolat	£2.65
Assorted Danish	from £2.95

## Tortilla Wraps\*

Chicken Caesar	£4.30
Ham and Cheese	£4.30
Egg and Watercress	£4.30

## Toasties/Panini\*

Ham and Cheese	£4.30
Tuna Melt	£4.30
Cheese and Red Onion	£4.30

**Sandwiches\*** from £3.25

**Baguettes\*** from £5.25

Fillings: Tuna, Prawn, Chicken, Turkey, Ham, Cheese, Brie, BLT	
Smoked Salmon - add	£1.00

\*All served with Salad Garnish and Fresh Coleslaw

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## Daily Lunch Specials

Served until 2.30pm  
Please see our Specials Board from £7.65

## Children's Choices

Please see Children's Menu

## All Day Snacks

Quiche of the Day with Salad Garnish	£4.25
Baked Potato Plain	£3.85
Baked Potato with Cheese/Beans	£4.50
Baked Potato with Tuna/Prawn/Chicken	£4.95
Freshly Baked Sausage Roll	£1.95
Freshly baked Meat Pasty	£2.95
Soup of the Day served with Rustic Bread	£4.25

## Accompaniments

Pot of Coleslaw	£1.50
Side Salad	£3.25
Baguette and Butter	£1.50

## Freshly Baked Cakes and Tray Bakes

from £1.95

Some items may contain nuts.  
Please talk to us if you have a dietary requirement, we are only too pleased to help you select the right foods.

Natural Kitchen 

is a concept developed by Churchill Catering to promote and encourage healthy eating using local and fair trade ingredients.

  
churchillcatering  
www.churchillcatering.co.uk

