

Names by which Elstow has been known

Name	Year	Source
Elnestow	1068	Doomsday Book
Elvestou (e)	1150	
Alnestow	1182	
Auuestow	1197	
Aunestow	1202	
Elnestowe	1232	
Alvestowe	1239	
Elvestowe	1247	
Elenestowe	1258	
Helenstowe	1270	
Anestowe	1276	
Eylenestowe	1415	
Elnystowe	1428	
Elmestowe	1518	
Ellenstowe	1518	
Elvestow, Elvestowe, Elstowe	1589	
Elvestow	1766	
Helenstow	1780	
Elstow		